

# Dressed For the Battle

Ephesians 6:11-18



## Belt (Truth)

truth holds everything together. What are you allowing to define and be truth in your life?

## BREASTPLATE (RIGHTEOUSNESS)

you aren't putting on the breastplate of experiences you have had. You are putting on the breastplate of how God sees you through Jesus; righteous. Let this protect your heart.

- When would you need to put this on? So to me that's when the enemy is telling you all the bad stuff you've ever done (and still do) but the breastplate reminds your soul that your heart is cleansed by his blood.

## Protective shoes (Peace)

the gospel gives us stability/a foundation for our life. This protects us when the enemy is attacking us because we know he is limited and his greatest power is death which has been defeated by Jesus therefore we can stand on the gospel and be stable. (Hebrews 2:14).

## Shield (Faith)

darts from satan rooted in fear, unbelief, and temptation. The goal of satan here is to aim at all sides of us and injure us.

## HELMET (SALVATION)

is to protect us from feeling discouraged. The helmet of salvation covers us with hope.

## SWORD

counter the things satan says with scripture.

- What are you fighting with? What is the first thing you pick up in the morning? Is it your phone or is it your sword? The word of God? If your phone, is it helping you fight?